

## DINING PLAN

Name:

Revised Date:

CHOKING RISK: yes/no      DYSPHAGIA DIAGNOSIS: yes/no  
FOOD ALLERGIES:

DIET RESTRICTION/SPECIAL DIET:

FOOD TEXTURE:

•

FLUID TEXTURE:

•

•

SUPPLEMENTS:

•

•

EATING/SPECIAL INSTRUCTIONS:

•

•

SNACKS:

•

•

SPECIFIC SKILLS TO MAINTAIN/ACQUIRE:

•

•

COMMUNICATION

•

•

Outreach Services of Indiana  
Comprehensive Dysphagia:

OR-FN-HS-DN-24(11-9-09)

**Pictures of adaptive equipment should be placed here.**

Use a digital camera, polaroid etc...  
Electronically attach or tape polaroid picture

**Pictures of individual in his/her appropriate eating position and staff position during meals (if assistance is needed) should be placed here.**

**TRIGGERS To Notify (Nurse, Lead Staff, House Manager, Supervisor) Staff:**

- |  |   |
|--|---|
| <ul style="list-style-type: none"><li>• Coughing with signs of struggle (watery eyes, drooling, facial redness)</li><li>• Wet Vocal Quality</li><li>• Vomiting</li></ul> | <ul style="list-style-type: none"><li>• Sudden change in breathing</li><li>• Watery eyes</li><li>• Weight loss/gain of 5 lbs. in a month.</li></ul> |
|--|---|

**IF APPROPRIATE EQUIPMENT IS NOT AVAILABLE OR YOU ARE UNSURE OF HOW TO IMPLEMENT THIS PLAN CONTACT YOUR SUPERVISOR**

